



Welcome to Nashir, a lay-led Torah & Musaf Service that will focus on joyous and spirited davening. This idea was inspired by the success of Beth El's Friday Night Neshama minyan and our first service was right before the pandemic in March 2020. Shabbat Nashir will be a bimonthly addition to Beth El's Shabbat morning offerings, meeting 1x per month in the sanctuary and 1x per month in the chapel.

The best singing is sparked by many voices joining together. Listed below are links to the tunes and melodies we will be using for upcoming services. Please take some time before each service to watch/listen to the links.

And if you only have time to listen to a few, check out the links with an \* as this indicates new melodies or tunes we want to highlight for extra practice. We want everyone to feel comfortable joining in with our new melodies - whether it be by singing, humming, or banging to the beat!

## **March 2023 Melodies**

[\\*Ana Avda](#)<sup>1</sup>

[Sh'ma Yisrael](#)<sup>1</sup>

[Avinu Shebashamayim](#)

[Mizmor L'david](#)<sup>1</sup>

[\\*Kedusha \(Vehi Sheamda\)](#)

[\\*Yismechu](#)

[Sim Shalom](#)<sup>1</sup>

[Ein Keiloheinu](#)<sup>1</sup>

<sup>1</sup> - Indicates audio file from [CBS Teaneck](#)

<sup>2</sup> - Indicates audio file from [Hadar](#)

## **Spring 2023 Shabbat Nashir Dates:**

To add all 2022-2023 dates to your calendar please use the following links:

[iCal](#) or [Google](#) (click the plus sign in the bottom right corner of calendar to add)

March 11<sup>C</sup>

March 25<sup>S</sup>

April 1<sup>C</sup>

May 6<sup>C</sup>

May 20<sup>S</sup>

June 10<sup>S</sup>

June 24<sup>C</sup>

<sup>S</sup> - Indicates Nashir will meet in the Sanctuary

<sup>C</sup> - Indicates Nashir will meet in the Susan and Mitchell Liberman Chapel

<sup>L</sup> - Indicates Nashir will meet in the Stein Family Lounge

## **Melody Archive (September 2022 - February 2023)**

[Sh'ma Yisrael](#)<sup>1</sup>

[L'cha Adonai](#)<sup>1</sup>

[Ashrei](#)

[Ashrei](#)

[Ashrei \(Hallelujah\)](#)

[Mizmor L'David \(Eliyahu Hanavi\)](#)

[Mizmor L'David \(7th on list\)](#)<sup>2</sup>

[Kedusha \(Elul Niggun\)](#)

[Kedusha \(V'haviotim\)](#)

[Kedusha \(Makom Binah\)](#)

[Kedusha \(Bina's Niggun\)](#)

[Ein Keloheinu \(Mi Y'malel\)](#)

[Ein Keloheinu \(1st on list\)](#)<sup>2</sup>

[Adon Olam \(Adamah V'shamayim\)](#)

[Adon Olam \(Maoz Tzur\)](#)

[Adon Olam \(Feb 2023\)](#)