

Three Pillars Program

Our Sages taught that the world is sustained by three pillars: Torah, prayer, and acts of kindness (Pirke Avot 1:2). These are all critical spiritual pathways, and on the High Holidays we make space for all three with opportunities to pray, study Torah, and engage in acts of hesed. We hope you find the spiritual paths that are meaningful to you!

adult education

All Adult Education classes take place in the Susan & Mitchell Lieberman Chapel

All Too Human: Eden and Greek Myths of Sin

(Sat, 9/16) Rosh Hashanah Day 1 at 11:30am - Led by Seth Wainer

Singing Through Teshuvah: A High Holiday Sonic Journey

(Sun, 9/17) Rosh Hashanah Day 2 at 11:30am - Led by Allie Kantor

I Forgive It All: The Challenges and Rewards of Reconciliation

(Mon, 9/25) Yom Kippur at 11:30am - Led by Sasha Weiss

Yonah and Micah: 'Seasing' Questions

(Mon, 9/25) Yom Kippur at 2:00pm - Led by Jonathan Greenberg

The Thirteen Attributes of God: Do As I Say, Not As I Do

(Mon, 9/25) Yom Kippur at 3:00pm - Led by Bill Gold

social action

Toiletry Kit Assembly for Those in Need

(Sat, 9/16) Rosh Hashanah Day 1

11:30am • Lower Level

Honey Cake Baking for Isolated Members and Seniors

(Sun, 9/17) Rosh Hashanah Day 2

11:30am • Kitchen

Food Sorting for the Interfaith Food Pantry of the Oranges

(Mon, 9/25) Yom Kippur

10:00am • Lower Level

Hanging Paper Chains for Victims of Mass Shootings

(Mon, 9/25) Yom Kippur

11:30am • Tree at parking lot entrance

Reverse Tashlikh

(Sun, 9/24) 10:00 - 12:00pm

Start off the new year with a mitzvah! We are joining with Tikkun HaYam (Repair the Sea) to clean up a body of water on the Sunday between Rosh Hashanah and Yom Kippur. Meet at the Rahway River (corner of Meadowbrook Place and Meadowbrook Lane) in South Orange. Participants must be at least four years old. Register [here](#).

Food Drive

On Rosh Hashanah, please pick up an empty bag in the Joyce and Neil Goldstein Lobby (or use your own) and on Yom Kippur, please return it filled with food items for local food pantries.

Congregation **Beth El**

Preserving Tradition...Embracing Change

find purpose
find meaning
find community

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